










NOVEMBER 2009

Vinton Lutheran Home & Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:45am– Chapel with Rev. Frederick</p> 	<p>2</p> <p>INDIVIDUAL MOMENTS</p> <p>11:15am– Devotions</p> <p>1:00pm– AL Council Meeting</p> <p>3:00 pm– Resident Council Meeting</p>	<p>3</p> <p>9:30am– AL Men’s Coffee</p> <p>10:30am– Card Club</p> <p>11:15am– Devotions</p> <p>1:00pm– AL Nintendo Wii “Price is Right”</p> <p>3:00pm- Balloon Volleyball</p> <p>6:30 pm– Don Anders & Friends</p>	<p>4</p> <p>9:45am- Reading Circle</p> <p>10:30am- Bible Class with Pam Woolison</p> <p>11:15am– Devotions</p> <p>2:00pm- Manicures</p>	<p>5</p> <p>9:30am– AL Men’s Coffee</p> <p>10:30am– Exercises</p> <p>11:15am– Devotions</p> <p>12:30pm– AL Bible Study</p> <p>2:00pm– Bethany Lutheran Bingo & Birthday Party</p>	<p>6</p> <p>9:30am– TLCU Sing-a-long</p> <p>11:15am– Devotions</p> <p>2:00pm– AL Exercises</p> <p>3:00pm– Bingo</p> <p>6:00pm– AL Friday Night at the Movies!</p>	<p>7</p> <p>11:00am– Frankie Buhr</p>
<p>8</p> <p>10:45am– Chapel with Rev. Schmidt</p> 	<p>9</p> <p>INDIVIDUAL MOMENTS</p> <p>11:15am– Devotions</p> <p>1:00pm– AL Thanksgiving Poem</p> <p>3:00pm– Arm Chair Travel to Egypt</p>	<p>10</p> <p>9:30am– AL Men’s Coffee</p> <p>10:30am– Card Club</p> <p>10:45am– LCMS communion</p> <p>11:15am– Devotions</p> <p>1:00pm– AL Manicures</p> <p>2:00pm– Stuart Gulick</p> <p>3:00pm– Country Store</p>	<p>11</p> <p>9:45am– Reading Circle</p> <p>10:30am– Bible Class with Sarah Hepker</p> <p>11:15am– Devotions</p> <p>2:00pm– Manicures</p>	<p>12</p> <p>9:30 am– AL Men’s Coffee</p> <p>11:15am– Devotions</p> <p>1:00pm– AL soup preparation</p> <p>3:00pm– Word games</p> <p>5:00pm– AL Soup Supper</p>	<p>13</p> <p>9:30am– TLCU Sing-a-long</p> <p>11:15am– Devotions</p> <p>2:00pm– AL Exercises</p> <p>3:00pm– Judy Mehlert</p> <p>6:00pm– AL Friday Night at the Movies!</p>	<p>14</p> <p>2:00pm– Tailgate Party Iowa VS Ohio State</p> 
<p>15</p> <p>10:45am– Chapel with Rev. Frederick</p> 	<p>16</p> <p>INDIVIDUAL MOMENTS</p> <p>11:15am– Devotions</p> <p>1:00pm– AL Reminiscing</p> <p>3:00pm– Thanksgiving History</p>	<p>17</p> <p>9:30am– AL Men’s Coffee</p> <p>10:30am– Card Club</p> <p>11:15am– Devotions</p> <p>1:00pm– AL Thanksgiving Colleague</p> <p>3:00pm- Card/Game Day</p>	<p>18</p> <p>9:45am- Reading Circle</p> <p>10:30am- Bible Class with Rev. Urlaub</p> <p>11:00am– Open Communion</p> <p>2:00pm- Manicures</p> <p>6:30pm– Lawrence Welk and Friends</p>	<p>19</p> <p>9:30 am– AL Men’s Coffee</p> <p>10:30 am– Exercises</p> <p>11:15am– Devotions</p> <p>12:30pm– AL Bible Study</p> <p>3:00pm– Madelyn Dunclee</p>	<p>20</p> <p>9:30am– TLCU Sing-a-long</p> <p>11:15am– Devotions</p> <p>2:00pm– AL Exercises</p> <p>3:00pm– Bingo with VFW & AmVets</p> <p>6:00pm– AL Friday Night at the Movies!</p>	<p>21</p>
<p>22</p> <p>10:45am– Chapel with Rev. Frederick</p> 	<p>23</p> <p>INDIVIDUAL MOMENTS</p> <p>11:15am– Devotions</p> <p>1:00pm– AL Thanksgiving Spelling Bee</p> <p>2:00pm– Auxilliary Social Hour with Carolynn and Shirley</p>	<p>24</p> <p>9:30am– AL Men’s Coffee</p> <p>10:30am– Memorial Tribute</p> <p>11:15am– Devotions</p> <p>1:00pm– AL Manicures</p> <p>3:00pm- Gene Spicer</p>	<p>25</p> <p>9:45am- Reading Circle</p> <p>10:30am- Bible Class with Rev. Urlaub</p> <p>11:15am– Devotions</p> <p>2:00pm- Manicures</p>	<p>26</p> <p>HAPPY THANKSGIVING!!!</p>  <p>Thanksgiving Day</p>	<p>27</p> <p>9:30am– TLCU Sing-a-long</p> <p>11:15am– Devotions</p> <p>2:00pm– AL Exercises</p> <p>3:00pm– Card Bingo</p> <p>6:00pm– AL Friday Night at the Movies!</p>	<p>28</p>
<p>29</p> <p>10:45am– Chapel with Rev. Frederick</p>  <p>~First Sunday in Advent~</p>	<p>30</p> <p>INDIVIDUAL MOMENTS</p> <p>11:15am– Devotions</p> <p>1:00pm– AL Nintendo Wii “Carnival Games”</p> <p>2:00pm– Movie & Popcorn</p>		<p>Happy Birthday:</p> <p>Dorothy Koehler - 11/01/1930</p> <p>Wayne Fee - 11/06/1929</p> <p>Lorna Banse - 11/08/1918</p> <p>Bernice Appleby - 11/13/1915</p> <p>Leona Meyer - 11/14/1916</p> <p>Phil Gallo - 11/14/1921</p>	<p>Robert Cherveney - 11/21/1918</p> <p>Pearl Kovacs - 11/30/1923</p> <p>Beauty Shop:</p> <p>Tuesdays - Mary Barkdoll</p> <p>Friday & Saturday - Frances Fisher</p>		<p>Please Note:</p> <p>The calendar is subject to change. Please posted schedules or weekly bulletin for updates. Van rides & trips are weather permitting. TLCU activities take place daily, please see TLCU Activity Calendar.</p>



LUTHERAN HOME SCOOP

November 2009

NOVEMBER IS...

Birthstone: Topaz or Citrine.
Flower: Chrysanthemum.

- 1 *Daylight Saving Time Ends
- *All Saint's Day
- 3 *All Souls Day
- *Election Day
- *"Good Morning America" premiers, 1975

- 6 *First intercollegiate football game, 1869
- *"Meet the Press" premiers, 1947

- 8 *Gramophone patented, 1887
- *"HBO" premiers, 1972

- 9 *Berlin Wall Opens, 1989
- *National Child Safety Council founded, 1955
- *"Rolling Stone" Magazine premiers, 1967

- 10 *U. S. Marine Corps established, 1775
- *Microsoft releases Windows, 1993
- *Sesame Street premiers, 1969

- 11 *Signing of World War I Armistice, 1918
- *Veteran's Day

- 13 *World Kindness Day

- 14 *Dow Jones Average hits 1000 for first time, 1972

- 17 *First session of US Congress held, 1800
- *Pres. Nixon claims "I am not a crook", Watergate Scandal, 1973.

- *World Peace Day

- 18 *Mickey Mouse debuted in New York, 1928.

- 19 *Abraham Lincoln delivered Gettysburg Address, 1863
- *Pencil invented, 1895

- 20 *New Jersey the first state to ratify Bill of Rights, 1789
- *Great American Smokeout
- *Timecard Clock was invented in 1888.
- *Traffic light patented 1923

- 21 *Pilgrims first landed on Cape Cod, 1620

- 22 *John F. Kennedy, 35th US Pres. - killed by assassin's bullets in Dallas, Texas, 1963

- 26 *Thanksgiving Day
- *The Price Is Right premiers, 1956

- 27 *Black Friday - busiest shopping day of the year

- 30 *Michael Jackson's "Thriller" released, 1982

Spiritual Corner

By Rev. Mark Urlaub, Vinton Chaplain



Most years, my family travels east on US Highway 30 to the "east coast", the banks of the Mississippi River, where my aunt hosts our extended family for Thanksgiving Dinner. This drive always provides us with some quality family time and a couple of hours to talk about the coming feast. By the time we arrive, we talked ourselves into very healthy appetites. In fact, as I write, I am getting hungry!

On our way, we seem to be a part of a large migration. Many people in their cars are going our way, some the other way. Sometimes a car will turn onto a gravel road or a driveway, and we remark, "It looks like they got where they are going." We continue on, aware that we are part of something bigger than our own personal destination. There is a common purpose shared by so many around the country that the Thanksgiving holiday is the biggest weekend for travel.

Giving thanks helps us to remember the gifts we have received. It is easy, with all the negative economic news and personal challenges, to forget that we are blessed in many material and spiritual ways. This leads to unhappiness, feelings of deprivation, and envy in spite of the fact that we indeed have food, shelter, health and other blessings, not the least of which is eternal salvation in Christ Jesus. Without thankfulness we think of these things as nothing more than our rights and entitlements, and can only want more.

Giving thanks also helps us to remember the giver, for there is no gift without a giver. I sometimes wonder what those who have no faith in God do on Thanksgiving. Perhaps they thank each other (a truly good thing not to be neglected); maybe they just have Turkey Day. However, when we in faith acknowledge that we have received gifts beyond measure, our attention is drawn to our gracious heavenly Father. We then come to know what the psalmist knew when he said, "It is good to give thanks to the Lord."



Ruby Reeves dressed up as a "Hippie Bride" for the Halloween Parade.

RESIDENT'S RIGHT TIP...

Residents have the right to be informed of Residents legal rights at the time of admission and to be kept apprised of changes in these rights. Receipt of such information, and any amendment to it, shall be acknowledged in writing. Residents have the right to periodically review information pertaining to Residents Rights and to be informed of any other rights, rules and regulations governing Resident conduct and responsibilities.

DON'T FORGET...

The most recent Dept. of Inspection & Appeals Survey Results are located on the table in the Lutheran Home front entry.

Concern contact information (Survey Agency, Long-Term Care Ombudsman, Medicaid, Local Law Enforcement, Iowa Protection and Advocacy, Operations Restore Trust & Resident Advocate Committee) is posted to the right of the main activity calendar near the Nurses Station.

ADMINISTRATIVE TEAM

- Kim Emrich, Administrator
- Kim Edwards, Director of Nursing
- Pam Parmater, Asst. DON
- Deb Baker, Care Plan Coordinator
- Kathy Scheel, Quality Assurance
- Nancy Van Steenhuysse, Social Services
- Deb Nielsen, Dietary Director
- Jennifer Kuhn, VLH Office Manager
- Sarah Hepker, Activity Director
- Christine Smith, Community Services Coordinator
- Tami Steffen, Home Health DON
- Jess Rippel, Comm. Services Office Mgr.
- Todd Gloede, Maintenance Director
- Rev. Larry Schmidt, Chaplain
- Rev. Mark Urlaub, Chaplain

Memorial Tribute

Tuesday Nov. 24th
10:30am in the Chapel