








# JANUARY

# 2010

## Vinton Lutheran Home & Assisted Living Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b><u>Please Note:</u></b> The Calendar is subject to change. Please see posted schedules or weekly bulletins for updates. Van rides &amp; trips are weather permitting. TLCU activities take place daily,</p>	<p><b><u>Beauty Shop Schedule</u></b>  <b>Tuesdays: Mary Barkdoll</b> <b>Friday &amp; Saturdays– Frances Fisher</b></p>				<p>1 </p>	<p>2</p>
<p>3 <b>10:45am</b>– Chapel With Rev. Schmidt </p>	<p>4 <b>Individual Moments</b> <b>11:15am</b>– Devotions <b>1:00pm</b>– AL Council Meeting <b>3:00pm</b>– Resident Council Meeting</p>	<p>5 <i>Visit your neighbor morning</i> <b>1:00pm</b>– AL manicures <b>2:00pm</b>– Manicures <b>6:30pm</b>– Don Anders and Friends</p>	<p>6 <b>10:00am</b> -Reading Circle <b>10:30am</b>– Bible Class <b>11:00am</b>–Open Communion <b>11:15am</b>– Devotions <b>3:00pm</b>- Chinese Christmas</p>	<p>7 <b>9:30am</b>– AL Men’s Coffee <b>10:30am</b>– Exercises <b>11:15am</b>– Devotions <b>12:30pm</b>– AL Bible Study <b>3:00pm</b>– AL New Year’s Party</p>	<p>8 <b>9:30am</b>– TLCU Sing-a-long <b>11:15am</b>– Devotions <b>2:00pm</b>– AL exercises <b>3:00pm</b>– Judy Mehlert</p>	<p>9 <b>9:30am</b>– Word Squares</p>
<p>10 <b>10:45am</b>– Chapel With Rev. Frederick </p>	<p>11 <b>Individual Moments</b> <b>11:15am</b>– Devotions <b>1:00pm</b>– AL Table Talk <b>3:00pm</b>– Twenty Question</p>	<p>12 <b>9:30am</b>– AL Men’s Coffee <b>10:30am</b>– Card Club <b>10:45am</b>– LCMS communion <b>1:00pm</b>– AL Remeniscing <b>2:00pm</b>– Stuart Gulick <b>3:00pm</b>– Country Store</p>	<p>13 <b>10:00am</b> -Reading Circle <b>10:30am</b>– Bible Class <b>11:15am</b>– Devotions <b>2:00pm</b>– Manicures</p>	<p>14 <b>9:30am</b>– AL Men’s coffee <b>10:30am</b>– Exercises <b>10:45am</b>– LCMS communion <b>1:00pm</b>– AL Horse Races <b>3:00pm</b>– Winter Collage</p>	<p>15 <b>9:30am</b>– TLCU Sing-a-long <b>11:15am</b>– Devotions <b>2:00pm</b>– AL exercises <b>3:00pm</b>– Bingo</p>	<p>16</p>
<p>17 <b>10:45am</b>– Chapel With Rev. Frederick </p>	<p>18 <b>Individual Moments</b> <b>11:15am</b>– Devotions <b>1:00pm</b>– AL Wii “Deal or No Deal” <b>2:00pm</b>– Monday Matinee “Tony’s Trivia”</p>	<p>19 <b>9:30am</b>– AL Men’s Coffee <b>10:30am</b>– Card Club <b>11:15am</b>– Devotions <b>1:00pm</b>– AL manicures <b>2:00pm</b>– Manicures</p>	<p>20 <b>10:00am</b> -Reading Circle <b>10:30am</b>– Bible Class <b>11:15am</b>– Devotions <b>2:00– 3:30pm</b>– Senior Shop</p>	<p>21 <b>9:30am</b>– AL Men’s Coffee <b>10:30am</b>- Exercises <b>11:15am</b>– Devotions <b>12:30pm</b>– AL Bible Study <b>1:00pm</b>– AL Spelling Bee <b>3:00pm</b>– Arm Chair Travel to China</p>	<p>22 <b>9:30am</b>– TLCU Sing-a-long at Assisted Living Apartments <b>11:15am</b>– Devotions <b>2:00pm</b>– AL exercises <b>3:00pm</b>– Bingo</p>	<p>23 <b>9: 30am</b>– Milo and Me </p>
<p>24 <b>10:45am</b>– Chapel With Rev. Frederick </p>	<p>25 <b>Individual Moments</b> <b>11:15am</b>– Devotions <b>1:00pm</b>– AL Word Squares <b>3:00pm</b>– Auxiliary Social</p>	<p>26 <b>9:30am</b>– AL Men’s Coffee <b>10:30am</b>– Card Club <b>11:15am</b>– Devotions <b>1:00pm</b>– AL Finish Lines <b>3:00pm</b>– Gene Spicer</p>	<p>27 <b>10:00am</b> -Reading Circle <b>10:30am</b>– Bible Class <b>11:15am</b>– Devotions <b>1:00pm</b>– TLCU preschool visit <b>2:00pm</b>– Manicures</p>	<p>28 <i>Visit your neighbor Morning</i> <b>11:15am</b>– Devotions <b>1:30pm</b>– AL Singing with Sarah <b>3:00pm</b>– Karoke Hour <b>6:00pm</b>– Wine Tasting</p>	<p>29 <b>9:30am</b>– TLCU Sing-a-long with Rev. Schmidt <b>11:15am</b>– Devotions <b>2:00pm</b>– AL exercises <b>3:00pm</b>– Bingo</p>	<p>30</p>
<p>31 <b>10:45am</b>– Chapel With Rev. Frederick </p>					<p><b><u>Happy Birthday</u></b> Marilyn Hegland: 1/21/1935 Bonnie Miller: 1/27/1933 Bernard Ollinger: 1/30/1924 Milford Schulze: 1/27/1929</p>	<p>Micky Slade: 1/24/1915 John Zimmermann: 1/09/1914</p>



# Lutheran Home Scoop

January 2010

## January is...

**Birthstone:** Garnet

**Flower:** Carnation and Snowdrop

- 1 • **New Year's Day**
- 4 • Braille Day- Day of honoring the blind
- 6 • Telegraph 1st demonstrated by Samuel Morse, 1838
- 7 • Transatlantic telephone service began, 1927
- 8 • Elvis Presley's Birthday, 1935
- 9 • Dear Abby published for the first time, 1956
- First Income Tax, 1799
- Stepfather's Day
- 11 • Start of Amelia Earhart's 2-day solo flight across Pacific, 1935
- 14 • Marilyn Monroe & Joe DiMaggio married, 1954
- Revolutionary War ended, 1784
- 15 • 1st Superbowl Game, 1967
- Nixon orders ceasefire in Vietnam, 1973
- 16 • Religious Freedom Day
- 17 • Operation Desert Storm began, 1991
- Prohibition Remembrance Day
- 18 • **Martin Luther King, Jr. Day**
- 21 • Hugging Day
- 23 • 1st woman received medical degree in US, 1849
- 24 • Gold discovered at Sutters Mill, 1848
- First Heart Transplant, 1964
- Square Dance Day
- TV Game Show Day
- 25 • First Emmy Awards, 1949
- 27 • Electric light patented, 1880
- Viet Nam Day - 1973 - Viet Nam War ends
- 28 • US Coast Guard est., 1915
- Challenger exploded, 1986
- 30 • Tet Offensive began, 1968

## Administrative Team

- Kim Emrich, Administrator
- Kim Edwards, Director of Nursing
- Pam Parmater, Asst. DON
- Deb Baker, Care Plan Coordinator
- Kathy Scheel, Quality Assurance
- Christine Smith, Community Services Coord.
- Jen Kuhn, Administrative Asst.
- Nancy Van Steenhuyse, Social Services
- Deb Nieslen, Dietary Director
- Sarah Hepker, Activity Director
- Todd Gloede, Maintenance Director
- Tami Stefen, Home Helath D.O.N.
- Jessica Rippe, Comm. Services Office Mgr.
- Rev. Larry Schmidt, Chaplain
- Rev. Mark Urlaub, Chaplain

## Spiritual Corner

Rev. Mark Urlaub, Vinton Chaplain

In this time after Christmas our lives may be sinking into January doldrums as our decorations are likely put away, our company gone home, and no more parties are on the calendar. It's a dark and cold time of year, and it's a long time until spring. But if we think about it, we can still recall the warmth and light of the Christmas holy day and the festivities that surround it, just as we may like to reminisce of the "good old days" that now seem so much happier and easier than the present.

Yet, it is not remembrance of better times that gives us comfort nor whatever lingering feelings of Christmas joy that we can muster, but the Christmas gospel itself gives us hope and joy: "For unto you is born this day in the city of David a Savior, who is Christ the Lord." In a specific time and place, God entered our world of darkness and sin. Jesus, the Son of God, was born a human being. He is Emanuel, God is with us. In that moment all of history and creation was changed and will never again be as it was before. God is with us. God is with you. And now, as John writes, "The light shines in the darkness, and the darkness has not overcome it." In January darkness or whatever cloud that may sometimes hang over your life, know that God in Christ Jesus is with you and is your Savior.



Marjorie Bordwell got into the Christmas spirit during the TLCU gift exchange.

### Resident's Right Tip...

Each resident has the right to refuse to perform any services for the facility or other residents unless they are included as part of a therapeutic treatment plan which he/she has approved.

### Don't forget...

The most recent Dept. of Inspection & Appeals Survey Results are located on the table in the Lutheran Home front entry. Concern contact information (Survey Agency, Long-Term Care Ombudsman, Medicaid, Local Law Enforcement, Iowa Protection and Advocacy, Operations Restore Trust & Resident Advocate Committee) is posted to the right of the main activity calendar near the Nurses Station.

Our God our Help in  
 ages past, our Hope for  
 years to come;  
 Our Shelter from the  
 stormy blast, and our  
 eternal Home.

NEW YEAR HYMN