




ACTIVITY CALENDAR ASSISTED LIVING APARTMENTS
January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Calendar subject to change without notice					1 Happy New Year! Skip-Boo 2pm Rummy 2pm	2 Exercises 10am Cards 2pm Movie and Popcorn 2pm
3 Chapel Service 1:30 pm	4 Hy-Vee Shopping 9:30am Bingo 2pm	5 Exercises 10am Cards 2pm	6 Target 1:30-3:30pm Manicures 2pm Cards 2pm	7 Egg Breakfast 7am Exercises 10am Cross Word Puzzles 2pm Cards 2pm	8 Skip-Boo 2pm Rummy 2pm	9 Exercises 10am Cards 2pm Movie and Popcorn 2pm
10 Chapel Service 1:30 pm	11 Hy-Vee Shopping 9:30am Bingo 2pm	12 Exercises 10am Cards 2pm	13 Wal-Mart 1:30-3:30pm Cross Word Puzzles 2pm	14 Exercises 10am Cards 2pm 5 minute Back Rubs 2pm	15 Skip-Boo 2pm Rummy 2pm	16 Exercises 10am Cards 2pm Movie and Popcorn 2pm
17 Chapel Service 1:30 pm	18 Hy-Vee Shopping 9:30am Bingo 2pm	19 Exercises 10am Community 10am Cross Word Puzzles 2pm Cards 2pm	20 North Park Mall 1:30-3:30pm Trivia 2pm	21 Pancake Breakfast 7am Exercises 10am	22 Skip-Boo 2pm Rummy 2pm	23 Exercises 10am Cards 2pm Movie and Popcorn 2pm
24 Chapel Service 1:30 pm	25 Hy-Vee Shopping 9:30am Bingo 2pm	26 Exercises 10am Cards 2pm Hot Apple Cider and Cookies 2p	27 K-Mart 1:30-3:30pm Cards 2pm Silver Tonics @ nursing home 2pm	28 Exercises 10am Cross Word Puzzles 2pm	29 Skip-Boo 2pm Rummy 2pm	30 Exercises 10am Cards 2pm Movie and Popcorn 2pm
31 Chapel Service 1:30 pm						